



MSU Catching Clinic

Minnesota State Mankato Softball

Catching Camp

Registration

The catching camp will cover skills and drills for players ages 7-18 who play fastpitch softball in an in-house league, travel ball, or school sponsored program. The objective of the catching camp is to teach the fundamentals of catching and provide an understanding on how to work with a pitcher. Some areas of instruction will include:

- Throwing
- Blocking
- Footwork/Stance
- Framing
- Setting Up Batters
- Agility/Explosiveness

Contact Information:

Jody Lunz, Assistant Softball Coach

Phone: 507-389-5675

Email: jody.lunz@mnsu.edu

Dates and Times

Session I

- Sunday, January 10th, 2:00-4:00
- Saturday, January 16th, 10:00-12:00

Session II

- Saturday, January 23rd, 8:00-10:00
- Sunday, January 24th, 8:00-10:00

Cost

\$ 100.00

Please make checks or money order payable to : Minnesota State Mankato Softball

Send Registration and Payment to:

Minnesota State Mankato Softball

Jody Lunz, Asst. Softball Coach

135 Myers Field House

Mankato, MN 56001

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

E-mail: _____

Telephone: (____) _____

Age: _____ Grade: _____

Experience Level: _____

(beginner, intermediate, or advanced)

T-Shirt Size (Adult S-XL): _____

Do you have catching gear? YES _____ NO _____

I WILL ATTEND:

_____ Session I

Sunday, 1/10, 2:00-4:00

Saturday, 1/16, 10:00-12:00

_____ Session II

Saturday, 1/23, 8:00-10:00

Sunday, 1/24, 8:00-10:00

Release agreement: We (I) hereby release Minnesota State University, Mankato Softball Clinic staff for all claim (present and future) resulting from any injuries which may be sustained by our (my) son/daughter while participating in the MSU Softball Clinic.

Signed: _____

Date: _____