



## S&C Sports Services 2009 Farminaton Softball Clinic



**Coach Sean Hall** in conjunction with S&C Sports Services will be putting on a softball clinic for girls (7-18). The clinic will focus on softball fundamentals. Groups will be broken up by age and ability. Hitting, bunting, fielding, throwing, pitching, catching and base-running will be covered. S&C hires some of the best high school and college softball players in the metro area to work the clinics. S&C strives to have an 8-1 to 10-1 player to coach ratio.

Sean Hall is the Head Coach of North St. Paul High School (2007 Minnesota AAA State Champions!) Sean's 2008 Minnesota Sting Elite team finished 2<sup>nd</sup> out of 120 teams at ASA Nationals in Moline, Illinois. For more information please feel free to contact Sean at (651)336-8020 or by email at [SeanH1122@aol.com](mailto:SeanH1122@aol.com) or check out our website at [www.sandcsportsservices.com](http://www.sandcsportsservices.com).

**When?** July 13<sup>th</sup>, 14<sup>th</sup> & 15<sup>th</sup> (8:00AM-10:30AM)

**Who?** Any player ages 7-18. Players will be broken into groups based on ability level. The clinic will be tailored to make sure each participant gets coaching at their ability level. We want to CHALLENGE all of the players to get better!

**Where?** Farmington High School (Farmington, MN)

**Cost?** The cost of the clinic is **ONLY \$50.00** per player. This price includes a t-shirt and 7 1/2 hours of fast-pitch softball instruction. We also run a skills contest with ribbons! Skills contests may include **Home-Run Derby**, **Fastest Throw**, **Fastest Base Stealer** and **Most Accurate Throws**.

### 2009 Clinic Locations:

June 15, 16, 17 (Somerset, WI) 8:00am-10:30am  
June 15, 16, 17 (Hudson, WI) 11:30am-2:00pm  
June 22, 23, 24 (Ham Lake, MN) 8:00am-10:30am  
June 22, 23, 24 (St. Francis, MN) 11:30am-2:00pm  
June 29, 30 & July 1<sup>st</sup> (North St. Paul) 8:00am-10:30am

June 29, 30 & July 1<sup>st</sup> (Cottage Grove) 11:30am-2:00pm  
July 6, 7, 8 (Chaska, MN) 8:00am-10:30am  
July 6, 7, 8 (Minnetonka, MN) 11:30am-2:00pm  
**July 13, 14, 15 (Farmington, MN) 8:00am-10:30am**  
July 13, 14, 15 (Lakeville, MN) 11:30am-2:00pm

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Please make checks for \$50.00 payable to:

S&C Sports Services  
423 172<sup>ND</sup> Ave  
Somerset, Wisconsin 54025

Player Name \_\_\_\_\_ Fall 2009 Grade \_\_\_\_\_ Positions \_\_\_\_\_

Parents Names \_\_\_\_\_ Daytime Phone(s) \_\_\_\_\_

Email Address \_\_\_\_\_ Clinic Location (City) \_\_\_\_\_

Adult T-Shirt Size (Circle One) XL L M S XS

I understand that there are certain risks in participating in Fast-Pitch softball. I will not hold Sean Hall, S&C Sports Services Inc, any of the clinicians, or the city of Farmington, MN responsible should my daughter be injured.

Parent/ Guardian Signature \_\_\_\_\_