



S&C Sports Services 2009 North St. Paul Softball Clinic



Coach Sean Hall in conjunction with S&C Sports Services will be putting on a softball clinic for girls (7-18). The clinic will focus on softball fundamentals. Groups will be broken up by age and ability. Hitting, bunting, fielding, throwing, pitching, catching and base-running will be covered. S&C hires some of the best high school and college softball players in the metro area to work the clinics. S&C strives to have an 8-1 to 10-1 player to coach ratio.

Sean Hall is the Head Coach of North St. Paul High School (2007 Minnesota AAA State Champions!) Sean's 2008 Minnesota Sting Elite team finished 2nd out of 120 teams at ASA Nationals in Moline, Illinois. For more information please feel free to contact Sean at (651)336-8020 or by email at SeanH1122@aol.com or check out our website at www.sandcsportsservices.com.

When? June 29th, 30th and July 1st (8:00AM TO 10:30AM)

Who? Any player ages 7-18. Players will be broken into groups based on ability level. The clinic will be tailored to make sure each participant gets coaching at their ability level. We want to CHALLENGE all of the players to get better!

Where? McKnight Fields (North St. Paul)

Cost? The cost of the clinic is **ONLY \$50.00** per player. This price includes a t-shirt and 7 1/2 hours of fast-pitch softball instruction. We also run a skills contest with ribbons! Skills contests may include **Home-Run Derby**, **Fastest Throw**, **Fastest Base Stealer** and **Most Accurate Throws**.

2009 Clinic Locations:

June 15, 16, 17 (Somerset, WI) 8:00am-10:30am	June 29, 30 & July 1 st (Cottage Grove, MN) 11:30am-2:00pm
June 15, 16, 17 (Hudson, WI) 11:30am-2:00pm	July 6, 7, 8 (Chaska, MN) 8:00am-10:30am
June 22, 23, 24 (Ham Lake, MN) 8:00am-10:30am	July 6, 7, 8 (Minnetonka, MN) 11:30am-2:00pm
June 22, 23, 24 (St. Francis, MN) 11:30am-2:00pm	July 13, 14, 15 (Farmington, MN) 8:00am-10:30am
June 29, 30 & July 1st (North St. Paul) 8:00am-10:30am	July 13, 14, 15 (Lakeville, MN) 11:30am-2:00pm

Please make checks for \$50.00 payable to:

**S&C Sports Services
423 172ND Ave
Somerset, Wisconsin 54025**

Player Name _____ Fall 2009 Grade _____ Positions _____

Parents Names _____ Daytime Phone(s) _____

Email Address _____ Clinic Location (City) _____

Adult T-Shirt Size (Circle One) XL L M S XS

I understand that there are certain risks in participating in Fast-Pitch softball. I will not hold Sean Hall, S&C Sports Services Inc, any of the clinicians, or the city of North St. Paul, MN responsible should my daughter be injured.

Parent/ Guardian Signature _____